

FIRST AID KIT

Band aids, both small and large
Spray on bandages
Gauze wraps & pads
Ace wrap
Cloth bandages & ties
Sling
Splint
Tape
Safety pins

First Aid Guide
Emergency blanket
Water purifier tablets

Peroxide wipes, Hibiclens surgical scrub (prevents infection), Wet ones
Betadine
Colloidal Silver, Vitamin O, Pascalite
2 amonia inhalants
Neosporin
Visine/Tetrahydrozoline ophthalmic drops (for eye irritation)
Starr otic drops (for ear pain)

Moleskin
Spenco-second skin

Snake bite
Sting eze
Bug repellent

Instant ice
Instant heat

Burn gel

Rubber gloves
Scissors
Tweezers
Magnifier

Pain relievers/Advil/Dibucaine ointment 1% (for local pain)
Pepto bismol
Actifed (decongestant)
Benadryl (antihistamine)
Meclizine (for nausea and motion sickness)
Bisacodyl (for constipation)
Imodium A-D (for diarrhea)
Maalox tablets (antacid)